# Breakfast

# Lunch

## **Breakfast Classics**

## **Monday and Friday:**

- Rise & Shine Breakfast Sandwich **Tuesday and Thursday:** 
  - Short Stack Served with Syrup and Butter

### Wednesday:

- Assorted Donuts
- \*Breakfast Favorites Offered Daily: Breakfast Cereal, Muffins, & Oatmeal Bar.
- \*All Meals Offered with Fruit, Juice, Milk.



#### Meal Prices:

Student Paid Lunch \$3.30

All bread items are 100% Whole Grain

Student Paid Breakfast \$2.25 Student Reduced Breakfast \$0.00 Student Reduced Lunch \$0.00

Thank you in advance. Your participation aids in continuing our lunch program at MIT.

All lunch meals are offered with variety of fruits, vegetables, and ice cold milk.

During Lunch: Students Must Select 3 Out of 5 Meal Components. One of the 3 Components Must be a Fruit or Vegetable.

"This Institution is an equal opportunity provider"

### Grab-N-Go Daily Lunch Menu

- Chicken Sandwich: Original or Spicy
- Classic Pizza Wedge: Pepperoni or Cheese
- Caesar Salad
- Turkey Sub Sandwich

### Weekly Lunch Menu

- Monday: Bistro Burger
- Tuesday: Taco Bar
- Wednesday: Early Release Grab-N-Go Parfait or Sandwich
- Thursday: Asian Fusion
- Friday: Pasta Bar

Sponsored by RESD

